



# Cancer Treatment



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Exact treatment plans vary from patient to patient. Some may undergo one type of treatment, others a combination. Some might be placed in clinical drug trials. The treatment plan is determined by your type and stage of cancer, and also by the treatments and services you and your healthcare team choose together.

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# Cancer Treatments



## Surgery

Cancer surgery and surgeons play a key role in many areas of cancer care. In Ontario, over 80 hospitals provide some type of cancer surgery services.



## Cancer Drugs (Chemotherapy)

Chemotherapy is one of the main methods of treating cancer. You may receive chemotherapy as your only form of treatment, or it may be combined with surgery and radiation.



## Radiation

Radiation treatment is one of the main methods of treating cancer. You may receive radiation as your only form of treatment, or it may be combined with surgery and chemotherapy.

# Cancer Treatments



## Treatment Plans

Once a diagnosis is made, and cancer is confirmed, the next step is treatment. There are 3 main ways to treat cancer:

- Surgery
- Cancer drugs (chemotherapy)
- Radiation

Other treatments may also be considered, such as biological and hormonal therapies.

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## Types of Treatments



- Chemotherapy
- Biological Therapy
- Focal Tumour Ablation
- Hormonal Therapy



- Kyphoplasty & Vertebroplasty
- Palliative Care
- Psychosocial Interventions



- Radiation
- Stem Cell Transplant
- Surgery



# Cancer Prevention



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## Cancer Prevention

Healthy lifestyles can potentially prolong someone's lifespan

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Cancer, diabetes, cardiovascular and lower respiratory diseases share the same risk factors of commercial tobacco use, alcohol consumption, physical inactivity and unhealthy eating,

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These chronic diseases can be prevented by lifestyle choices

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Lifestyle changes have had a noticeable impact on cancer rates

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## Risk and Protective Factors

Commercial tobacco use



Alcohol consumption



Physical activity



Healthy eating

